



Columbia Gorge Regional Community Health Improvement Plan Progress Report

June 30, 2023

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Acknowledgements: The 2023 Progress Report could not have been completed without the support of numerous community partners, who also supported the creation of the 2020 CHIP and continue to play a key role in the implementation of its goals. Thanks to Insight for Action for supporting this work. A list of all CHP partners who contributed to this progress report can be found in Appendix B.

BACKGROUND

The 2020 Columbia Gorge Community Health Improvement Plan (CHIP) targets 13 priority areas across seven counties along the Columbia River (Hood River, Wasco, Gilliam, Sherman and Wheeler counties in Oregon plus Skamania and Klickitat counties in Washington) that is home to approximately 84,000 people. The 2020 CHIP was a collaborative process with key stakeholders including community-based organizations, healthcare organizations, CCO and community members. The CHIP reflects strategies and goals from a community-wide perspective. The Columbia Gorge CCO’s Community Advisory Council received an update about this Progress Report in May 2023 and approved in June 2023.

This report highlights progress made across those **13 priority areas** including a summary of strategies executed and 31 quantitative indicators. We gathered information from 29 stakeholders across the priority areas and reviewed 54 documents. We chose to report progress on priority areas (rather than by goals) so that stakeholders can understand the big picture of progress.



The Columbia Gorge Health Council (CGHC) invested funds and resources to launch a shared community health data platform, [Columbia Gorge Healthy Community](#). CGHC contracted with Conduent to build and host the platform and invited the community to help with the design. CGHC’s vision is that this website will support the community-wide health improvement efforts and the needs of the partners who participated in the original CHA/CHIP development. The site will be a place to highlight the community’s goals and accomplishments and provide data to show progress towards improving CHIP priority areas. This will be accessible to everyone in the community. The data will promote equitable improvement by showing progress by demographic area such as race, ethnicity, gender, sexual orientation, and age.

Originally, the website was forecasted to complete by June 1, 2023. However, the site arrived early and soft-launched with some of the key stakeholders from the 2020 CHIP in late April 2023. Partner feedback was positive about how the site can promote opportunities for collaboration between community partners and to drive their health improvement efforts. The hope is that it will also support CGHC’s efforts to continue to do a community wide, collaborative CHA/CHIP process.

This site was a valuable tool in completing this year’s progress report. Some previous years’ indicators were either unavailable or are not directly comparable to mark progress. CGHC was able compare

progress report indicators with similar priority area indicators on the site to adjust and replace as needed. CGHC can already see how the site will be an invaluable tool in the next iteration of the CHA and CHIP. While more of the work featured within this year’s progress report remains to be added to platform, one example of a funded project driving the 2020 CHIP work is the Connected Care pilot program [Connected Care \(cghealthycommunity.org\)](https://cghealthycommunity.org).

PROGRESS HIGHLIGHTS

CGHC made few changes to the priorities articulated in the 2020 CHIP. However, the COVID-19 pandemic continued to dampen efforts and necessitate adjustment of strategies across the 13 priority areas. Workforce shortage, turnover, and burnout continue to be common challenges across healthcare-focused priority areas, including Primary Care and Behavioral Health Care. Across many priorities, existing programs and services slowed down, shifted to virtual or hybrid formats, or halted temporarily or permanently. New programs and services were also developed to meet emerging community needs. Underlining the flexibility and ingenuity of the region, community partners adapted to continue advancing priorities.

Despite the pandemic, there is progress across all 13 priority areas as indicated in the next section. Notable progress includes, Mid-Columbia Community Action Council’s Gloria Center and The Annex, Columbia Gorge Food Bank’s new Community Food Center, One Community Health’s Express Clinic, and the Columbia Gorge Resolution Center.

Navigation Center in The Dalles: An Emerging, One-stop Service Center for People Working to Transition to a Stable Home

Mid-Columbia Community Action Council (MCCAC) has broken ground on the Gloria Center, in The Dalles, the region’s first ever Navigation Center. The 14,000 square foot, multi-agency center will serve as a comprehensive resource center for low-income community members and people experiencing homelessness. Several agencies will provide services at the center, including Oregon Department of Human Services, the Mid-Columbia Housing Authority, the Oregon Human Development Corporation, Mid-Columbia Center for Living, One Community Health, and Nch’i Wana Housing. The center is expected to open at the beginning of 2024 and will become the new permanent location of The Dalles pallet shelters, which will be utilized for emergency shelter purposes.



The Annex: The region's first family shelter

Thanks to the assistance of funds from the Oregon Community Foundation, Oregon Legislature's Project Turnkey 2.0, and many community partners, MCCAC purchased the Oregon Motor Motel earlier this year and renamed it The Annex. The converted motel will serve as the annex to The Gloria Center and will become the region's first shelter serving Hood River, Sherman, and Wasco County families with children who are experiencing houselessness.



Under the motel's previous owners, houseless clients with hotel vouchers from area social service agencies could spend a few nights there during extreme weather events or when they needed medical respite care. With on-site residential managers, housing stabilization specialists, co-located space for service partners, and overnight security, the region can now use this facility to provide transitional housing and shelter for unhoused individuals and families for up to six months while they work to find permanent housing and connect to other resources that will promote long-term health, well-being, and housing stabilization. In addition, some of the units at The Annex are being set aside for MCCAC's service partners who may need to temporarily house their clients there, including, Mid-Columbia Center for Living, Mid-Columbia Medical Center, Nch'I Wana Housing, One Community Health, Oregon Human Development Corporation, Providence, and The Next Door, Inc. The shelter is opening in phases and is expected to be fully operational by fall 2023.

A New Community Food Center: Columbia Gorge Food Bank Expands its Space and Services

Columbia Gorge Food Bank (CGFB) celebrated the grand opening of a 10,000 square foot warehouse in The Dalles into a Community Food Center on May 20, 2023. The new warehouse – a significant expansion from CGFB's current, 2,000 square foot facility – will include a 1,300 square foot cooler that can store an entire truckload of produce, flex space for community partners to use, and an almost 450 square foot community room for community education classes.



The Columbia Gorge Resolution Center: A Collaborative Focused on Addressing Behavioral Health Issues in the Gorge Receives Funding to Create New Facilities

The Columbia Gorge Resolution Center (CGRC) received a \$9 million dollar grant in March 2023 from OHA to fully fund an estimated \$15 million residential mental health facility and a secure mental health facility. The facilities will be regional, serving Hood River, Wasco, and Sherman counties. The center would add supporting infrastructure and programming services to address mental and behavioral health inequities in the Columbia River Gorge. Further, the focus on acute mental and behavioral health crises, sub-acute mental and behavioral health crises, and drug and alcohol addiction by the CGRC aims to address the root causes of mental health-related involvements in the justice system. The CGRC visioning group had previously received a \$50,000 planning grant from the OHA in 2021.

One Community Health Express Clinic: Expanding Walk-in Healthcare in the Gorge

One Community Health's new Express Clinic is a freestanding structure providing high-quality and affordable walk-in health care to the region's patients. The clinic will hold a ribbon-cutting ceremony on June 20th, 2023 to celebrate. Initially, the clinic will be open five days per week, with the potential to expand days and hours according to community demand. The clinic is expected to start seeing patients in mid-July. Available services include: urgent care and small procedures; pediatric care; immunizations; vision exams; testing for chronic and acute conditions; access to substance use support and medications; diabetes and chronic disease management; insurance enrollment and financial aid applications.



PROGRESS BY PRIORITY AREA

1 Housing

Strategy Updates

People can access and afford safe housing.

- In 2022 the United States Department of Housing and Urban Development (HUD) determined that Fair Market Rent (FMR) amounts were lower than prior years in Hood River and Wasco Counties, however, the community knew that to be false. Mid-Columbia Housing Authority (MCHA) was successfully able to challenge HUD's FMR assessment through a re-evaluation survey with support from Washington State University's Social and Economic Sciences Research Center and funding from community partners. On March 20, 2023, the Federal Register recorded the updated Fair Market Rents for five areas, with Hood River and Wasco Counties comprising two of only five areas across the nation who successfully challenged the FMR assessment.
- Since 2019, MCHA has invested funds in existing housing stock resulting in a 30% increase in the number of housing choice vouchers in the region.
- MCHA is in the process of applying for capital funding to develop two properties, Rand Road Affordable Housing (139 units) in Hood River and Chenoweth Affordable Housing (75 units) in Wasco County.
- In 2022, 14 homes were weatherized through Mid-Columbia Community Action Council's (MCCAC) weatherization program, improving home energy efficiency, and reducing environmental exposure risks.
- In 2022, 3,441 people were served through MCCAC's utility assistance programs.
- Mid-Columbia Community Action Council's (MCCAC) Gloria Center. is expected to fully open at the beginning of 2024. The center will serve as a multi-agency service center and emergency overnight shelter serving Hood River, Sherman, and Wasco Counties. Services include housing and utility assistance, homelessness prevention, case management, Veterans services, home weatherization, physical and behavioral health, employment assistance, and Native and Latinx specific services. The Center will also include a computer lab and become the new permanent location of The Dalles pallet shelters for emergency use.
- Columbia Area Transit (CAT) and the LINK offer transportation to and from shelters in Wasco and Hood River counties.

People do not worry about losing their housing.

- MCCAC purchased the Oregon Motor Motel with the assistance of funds from the Oregon Community Foundation, Project Turnkey 2.0, and other community partners. The motel will serve as the region's first family shelter.
- MCCAC's shelter programs provided 13,303 nights of shelter in 2022 across the three counties MCCAC serves, Hood River, Wasco and Sherman counties. While this is a decrease from 2021's 22,000 nights of shelter, this reduced number reflects the 2022 investment into rapid re-housing funds. The rapid re-housing funds aided with application fees, security deposits, landlord incentives, and limited duration

rent assistance to houseless clients. This investment is reflected in MCCAC transitioning 115 people from houselessness to permanent housing in 2022.

Housing Indicators			
Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Increase number of homeless veterans placed in permanent housing in the Gorge	Point-in-Time Count; Mid-Columbia Community Action Council	24 homeless Veterans in the Columbia Gorge (2019)	Mid-Columbia Community Action Council (2022): <ul style="list-style-type: none"> ▪ Placed ten veterans into permanent housing units ▪ Served 39 veteran households through the Supportive Services for Veterans program
Decrease number of individuals experiencing houselessness	Point-in-Time Count Mid-Columbia Community Action Council	Number of people experiencing houselessness (January 2020): <ul style="list-style-type: none"> ▪ Hood River County: 56 ▪ Wasco County: 112 ▪ Sherman County: 11 	Number of people experiencing houselessness (January 2022): <ul style="list-style-type: none"> • Hood River County: 111 • Wasco County: 160 • Sherman County: 11 <p><i>Note: 2021 to 2022 Hood River County numbers likely increased due to additional staff capacity to participate in the count. Likewise, Wasco County numbers likely decreased due to lower partner organization staffing capacity and an increased investment into re-housing services.</i></p>
Decrease number of cost-burdened and rent-burdened households (Note: Cost or rent-burdened = greater than 30% of gross household income is spent on monthly owner costs or gross rent)	American Community Survey (U.S. Census Bureau, Table ID: DP04)	Total cost-burdened households with a mortgage (2019): <ul style="list-style-type: none"> ▪ Hood River County: 27.8% (n = 888/3,196) ▪ Wasco County: 29.7% (n = 1,098/3,703) Total cost-burdened households without a mortgage (2019): <ul style="list-style-type: none"> ▪ Hood River County: 11.4% (n =292/2,571) ▪ Wasco County: 12.3% (n =327/2,670) Total rent-burdened households (2019): <ul style="list-style-type: none"> ▪ Hood River County: 40.3% (n = 971/2,409) ▪ Wasco County: 36.4% (1,277/3,510) 	Total cost-burdened households with a mortgage (2021 estimates): <ul style="list-style-type: none"> ▪ Hood River County: 26.5% (n = 894/3,372) ▪ Wasco County: 30% (n = 1,220/4,055) Total cost-burdened households without a mortgage (2021 estimates): <ul style="list-style-type: none"> ▪ Hood River County: 12.5% (n=348/2,776) ▪ Wasco County: 13.4% (n=367/2,742) Total rent-burdened households (2021 estimates): <ul style="list-style-type: none"> ▪ Hood River County: 37.9% (n = 856/2,256) ▪ Wasco County: 39.3% (n =1,246/3,167)

Housing Indicators			
Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Increase number of affordable rental housing opportunities available	Oregon Affordable Housing Inventory (Spreadsheet) (via Oregon Housing Data & Analysis)	Rent-restricted properties (2020): <ul style="list-style-type: none"> Hood River County: 412 rent-restricted units, 13 total projects Wasco County: 537 rent-restricted units, 17 total projects 	Rent-restricted properties (2022): <ul style="list-style-type: none"> Hood River County: 412 rent-restricted units, 13 total projects <ul style="list-style-type: none"> Capital funding search in progress for 139 additional units Wasco County: 537 rent-restricted units, 17 total projects <ul style="list-style-type: none"> Capital funding search in progress for 75 additional units <p><i>Note: Tenet-based assistance vouchers have increased by 30% in the region since 2019. This means that more use of the private rental market has been increasing the affordable housing market and decreasing the number of rent-burdened households. 2022's Fair Market Rent reevaluation study and incentives to increase landlord acceptance of Housing Choice Vouchers are also likely factors.</i></p>

2 Food

Strategy Updates

All people can access and afford healthy food.

- Columbia Gorge Food Bank (CGFB) recently opened a new 10,000 square foot warehouse in The Dalles into a Community Food Center May 20, 2023.
- CGFB continues to support and strengthen the community food system, especially in underserved areas or food assistance deserts. Local pantry partnerships have collaborated to open or have opened new pantries in Rufus, Wamic, Maupin, and at Dufur's school.
- CGFB provides SNAP match funding to The Dalles Farmers Market. The funding enables participants to purchase more fresh food from local farmers. In 2023, The Dalles Farmers Market SNAP shoppers will be able to purchase \$50 worth of food for \$20 when they use their EBT card at the Market Manager's booth.
- The Gorge Grown Mobile Farmers Market brings the Farmers Market to outlying communities, making six regular stops in four counties. In 2022, 32% of mobile market produce was sold to low-income customers using nutrition incentives such as SNAP and WIC.

- Gorge Grown Farmers Markets, Hood River, White Salmon, and Mobile Market received \$24,000 in SNAP sales and provided an additional \$16,000 in SNAP Match funds. Hood River Farmers Market centers historically disadvantaged populations: 68% of vendors are owned or co-owned by women, and 21% are owned by black, indigenous, and/or people of color entrepreneurs.
- A new community garden was established in 2022 because of the Food Security Coalition FEAST project in Odell.
- Oregon State University Extension (OSU) partnered with Mid-Columbia Housing Authority (MCHA) to put in 20 new raised beds at the Heritage Heights affordable housing site in The Dalles. The partnership plans to establish one new community garden site at a MCHA housing unit each year. This program will allow residents to space to grow their own produce.
- OSU Extension’s Grow This! Garden Program had approximately 3,000 participants across Hood River and Wasco Counties in 2022. The statewide program is now in its fourth year, which allows individuals, households, schools, and daycares to receive a free seed kit through the mail. Wasco County had an estimated 1,855 participants and Hood River County had an estimated 1,270 participants.
- Hood River County’s value-added rental program has seen year over year increases since 2019 in food preservation equipment checked out as part of the Hood River County Library of Things. 267 items were checked out in 2022, with most popular items being food dehydrators, canning kits, cherry pitters, fermentation crocks, and steam juicers.

Food Indicators			
Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Decrease rate of food insecurity	Feeding America: Map the Meal Gap	Food insecurity rate and number of food insecure people by county (2019): <ul style="list-style-type: none"> ▪ Hood River: 6.6% (n = 1,540) ▪ Wasco: 11.8% (n = 3,080) ▪ Gilliam: 12.1% (n = 230) ▪ Sherman: 13.4% (n = 220) ▪ Wheeler: 13.6% (n = 190) 	The most recent data release is based on data from 2021, during the COVID-19 pandemic. In 2023, Feeding America released final rates of food insecurity for 2021. Food insecurity rates by county (2021): <ul style="list-style-type: none"> ▪ Hood River: 5.6% ▪ Wasco: 9.6% ▪ Gilliam: 10% ▪ Sherman: 11.6% ▪ Wheeler: 10.9%

3 Transportation and Mobility

Strategy Updates

Public and private transportation is available and convenient for all activities that support and encourage health, daily living, physical activity, and wellbeing.

- The Next Door, Inc. (TNDI), Columbia River Inter-Tribal Fish Commission, and One Community Health (OCH) partnered to host COVID-19 vaccine clinics and conduct vaccine-related outreach to Native

American communities in the Gorge. Mid-Columbia Economic Development District (MCEDD) organized free transportation to vaccine appointments. This practice continued throughout 2022.

- The Gorge Pass is a low-cost, annual transit pass that provides unlimited rides to and from Portland/Vancouver and around the Columbia River Gorge. A portion of pass proceeds is contributed to the Gorge Equity Fund, which provides passes to eligible individuals with a household income at 138% or less of the Federal Poverty Level.

Public and private transportation is safe and meets the needs of each person.

- MCEDD’s (Mid-Columbia Economic Development District) Mobility and Travel Training Program Manager works with LINK Public Transit and Columbia Area Transit to teach local, rural, and underserved populations how to use public transit services in Wasco and Hood River counties.

Communities have safe transportation and infrastructure that supports walking, biking, and wheelchair and walker rolling.

- MCEDD completed the Gorge Regional Transit Strategy in early 2023. The purpose of the strategy was to develop a regional vision and roadmap for a coordinated and integrated public transportation system for the Mid-Columbia five-county region. The five regional transit providers operating in Skamania, Klickitat, Hood River, Wasco, and Sherman counties are working together to achieve the adopted vision statement: *Public transit supports thriving Columbia River Gorge communities by providing access to critical services, higher education, jobs, and outdoor recreation while protecting the natural wonders of the Gorge.*
 - Klickitat County has expanded the hours and frequencies of the two fixed routes launched in 2018.
 - The LINK bus service expanded from one fixed route service in 2019 to three routes in 2023.
 - Skamania County extended their routes to Klickitat County, and across the Columbia River into Cascade Locks, Oregon, providing connection to the regional transit system.
 - CAT has significantly increased the number of routes to essential destinations and recreation opportunities. Ridership met or exceeded pre-pandemic levels in 2022.
 - Sherman County Community Transit has received more grant funding to expand facilities and services.
- Hood River Valley School District and North Wasco School District received planning grants from the Oregon Department of Transportation (via Mid-Columbia Economic Development District) to support implementation of Safe Routes to School (SRTS) programming, which will improve conditions for children to walk and bike to school. In 2023, plans for a potential traffic circle on May Street was proposed to city council as part of the Safe Routes to School findings.

Transportation and Mobility Indicators			
Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Increase number of Gorge Passes provided to low-income people in the Gorge	Columbia Area Transit	Number of Gorge Passes distributed July 2021 – June 2022: 452	Number of Gorge Passes distributed in 2022: 467

4 Physical Activity and the Outdoors

Strategy Updates

All people have opportunities for physical activity that supports their health and wellbeing. This is regardless of their race, ethnicity, physical limitation, or where they live.

- Strong People is an evidence-based program that helps its participants increase their joint flexibility, muscle strength, balance, and overall wellbeing. The program is offered through Oregon State University (OSU) Extension Family and Community Health to 21 groups across nine counties in Oregon and southern Washington, including counties of the Columbia Gorge. During the COVID-19 pandemic, program leaders adapted to provide virtual classes and exercise videos to participants. Their videos, which have been promoted on YouTube, have received over 4,700 views. The program served as a physical and social-emotional protective factor for participants in a time of social isolation.
- CultureSeed continues to offer physical and behavioral health programming for youth at NORCOR including yoga, meditation, walks, and behavioral health groups.
- CultureSeed established its Outdoor Mentorship Program during the COVID-19 pandemic. The program offers an opportunity for caring adults to support youth in getting outside while building a long-term supportive relationship. The program is one way that CultureSeed supports youth experiencing loneliness, disconnection, trauma, and other challenges by providing connection and the healthful benefits of nature.

It is easy for people to access parks, trails, and natural areas for exercise & social activities.

- North Wasco Parks and Recreation received over \$3 million in funding to support construction of the Mill Creek Greenway. Funds will be used to build a fully accessible bike and pedestrian path from West Second Street to West Sixth Street in The Dalles to facilitate equitable access to parks and commercial areas for all residents. As of April 2023, the Mill Creek Greenway project will be moving forward with funds from both the Parks Department and ODOT.
- Phase two of Sorosis Park rehabilitation project is underway, with plans to upgrade the walking trails, finish landscaping, and building a new ADA-accessible pavilion placed behind the rose garden for small gatherings and community events, to allow easy access from ADA parking spots. \$160,000 of the \$347,000 in projected funding to complete phase two has already been raised. Phase one consisted of \$1.02 million in irrigation improvements, tree plantings, and bark chips to assist with the rehabilitation of the park. The Ips beetle decimated the pine trees which previously made up 80% of the tree canopy at the park in 2020.
- Oregon State University Extension received grant funding to study wildfire smoke in our region, which resulted in:
 - Focus groups, listening sessions and a community-wide survey with over 700 respondents on how community members would like to be notified of smoke events and surveyed on how they would respond to a smoke event.
 - Grant funding to provide ten additional air quality monitors around the Gorge
 - A tabletop drill in April 2023, with 40+ community partners to trial and refine a community-wide hazardous smoke event response.

Physical Activity Indicators

Because of the questionnaire changes and the voluntary nature of the Oregon Student Health Survey, progress data are not available for any of the Oregon counties included in the CHIP. Instead, CGHC has included Access to Exercise Opportunities as an indicator from the Columbia Gorge Healthy Community data dashboard. This measure is updated each year by County Health Rankings using a combination of ArcGIS Pro and publicly available data on parks and recreation facilities. Individuals in rural communities are considered to have adequate access to exercise opportunities if they reside in a census block that is within three miles of a recreational facility in a rural area. A note on methodology: In 2022 County Health Rankings stopped including the DeLorme map data in the numerator. The ESRI data source included most parks and is updated annually. 2023 data also switch from 2010 census blocks and population counts to 2020 census blocks and population counts.

Physical Activity Indicators			
Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Decrease percent of 8 th and 11 th graders who are overweight or obese	Oregon Student Health Survey (SHS) (County Reports and Data Dashboard)	<p>Percent 8th and 11th graders who are overweight (2020):</p> <ul style="list-style-type: none"> ▪ Hood River County: 15.9% 8th graders, 14.1% 11th graders ▪ North Central Health District (Sherman and Wasco Counties): 15.5% 8th graders, 19.2% 11th graders <p>Percent 8th and 11th graders who are obese (2020):</p> <ul style="list-style-type: none"> ▪ Hood River County: 12.1% 8th graders, 8.2% 11th graders ▪ North Central Health District (Sherman and Wasco Counties): 21.0% 8th graders, 18.4% 11th graders 	<p>Data not available, question was not asked on 2022 Oregon Student Health Survey.</p> <p><i>Note: Wasco County declined to participate in the 2022 Student Health Survey, therefore no data is available. Sherman County did participate in the Student Health Survey, but the small sample size means data was not publicly published.</i></p>
Increase access to Exercise Opportunities	County Health Rankings and cghealthycommunity.org	<p>Percent of individuals who live reasonably close to a park or recreational facility (2020):</p> <ul style="list-style-type: none"> ▪ Hood River County: 80.2% ▪ Wasco County: 87.7% 	<p>Percent of individuals who live reasonably close to a park or recreational facility (2023):</p> <ul style="list-style-type: none"> ▪ Hood River County: 91.3% ▪ Wasco County: 70.7%

5 Youth Safety

Strategy Updates

Youth (ages 0 to 18) feel respected, safe, and supported: in their homes, getting to and from school, in school, and in community activities.

- Safe Space Alliance is in the midst of a capital campaign to provide abuse investigation and support services for the region’s children in a permanent home in Hood River, Oregon. Safe Space supports children from across the region and the area’s federally recognized tribes. The capital campaign will wrap up in December 2023, renovations are currently under way at the purchased property, and the location is forecast to be fully operational in 2024. The newly renovated location will allow Safe Space to double their case load capacity.
- As of May 8, 2023, all parks within The Dalles city limits are now designated tobacco and vape-free areas. The last park to be designated tobacco and vape-free was Lewis and Clark Festival Park, which now has an ordinance that provides a \$100 fine for violating the city ordinance. First-time offenders are given a warning and information on the ordinance. North Central Public Health District, North Wasco County School District 21, YouthThink, the Dalles Chamber of Commerce, and a representative from the American Cancer Society proposed the ordinance at May’s The Dalles City Council meeting.
- YouthThink has implemented Teen Intervene trainings for 18 individual facilitators in Dufur School District, Youth Empowerment Shelter (YES) House, Northern Oregon Correctional Facilities (NORCOR), and Wasco County Juvenile Department. Teen Intervene is a brief, early intervention program for 12–19-year-olds who display the early stages of alcohol or drug involvement. The training is in full compliance of the Screening, Brief Intervention, and Referral to Treatment (SBIRT) model. Teen Intervene has been fully implemented within Wasco County Juvenile Department, and implementation discussions are ongoing with supportive school staff.

Youth have equitable access to activities to play, learn, and grow outside of school that their families can afford.

- See strategies detailed in Physical Activity and the Outdoors.

There is infrastructure and there are opportunities so that youth of all ages, abilities, and interests have a variety of physical and other activity options that are offered in an equitable way.

- See strategies detailed in Physical Activity and the Outdoors.

Youth who experience bullying or suffer violence, whether in person or online, are supported and have access to the help they need.

- Columbia Gorge Education Service District (CGESD) coordinates behavioral telehealth services in middle and high schools in Wasco and Hood River Counties. Services are provided by One Community Health (OCH) providers. Nine students have completed at least one telehealth appointment in the period from 2022 through February 2023.

- In June 2023, Columbia Regional Educator Network will be facilitating a two-day training about the unique challenges LGBTQIA2+ youth face and best practices to create inclusive spaces. The training will offer a stipend to participants and is hosted in conjunction with Columbia Gorge ESD and The Next Door, Inc.
- A CultureSeed staff member provides behavioral health services to youth at the Columbia High School Health and Wellness Center in White Salmon Valley School District. Anecdotally, the presence of trusted adults and services offered in the Center has increased youth sense of place and safety within the school.
- CultureSeed onboarded eight contract therapists who will help expand the organization’s capacity to provide 1:1 psychotherapy services for youth.

Youth Safety Indicators			
Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Decrease percent youth who identify mental and behavioral health challenges as top concerns facing students in schools	Baseline data: Youth & Parent Survey (Wasco County, December 2020) Progress data: YouthThink, Search Institute Developmental Relationships Survey	In the Youth & Parent Survey administered for the School Health Services Planning Grant in Wasco County (December 2020), youth identified the top three health concerns facing students in schools as: 1) Mental health: feeling sad, stressed, thinking about hurting yourself, 2) Alcohol or drug use, and 3) Smoking, vaping.	In 2022-23, YouthThink will begin administering the Search Institute Developmental Relationships Survey for 4-12 grade students and staff in Wasco County. The survey will provide ongoing data on youth and adults perceptions of student mental and behavioral health. Survey data from grades 4-8 th grade were completed in 2022. The returned sample size for grades 9-12 were too small to be used in 2022. Surveys are being administered for grades 4-12 by June 1 st for 2023 data.
Decrease percent parents who are concerned about their child's mental health and behavioral health	YouthThink Baseline data: Youth & Parent Survey (Wasco County, December 2020)	Prior to the COVID-19 pandemic, YouthThink conducted yearly parent surveys at elementary and middle schools to identify parent concerns and perceptions of their child’s health. The survey has collected over 600 responses. During the COVID-19 pandemic, the Youth & Parent Survey administered for the School Health Services Planning Grant in Wasco County (December 2020) asked parents questions on the impact of COVID-19 on their children. 58% of parents reported their child seems sad or lonely from being unable to see their friends or people they care about due to COVID-19.	Parent survey has not been conducted yet. A school staff survey is currently being conducted. The YouthThink also intends to do a community-wide survey for those in the YouthThink listserv in summer 2023.

Youth Safety Indicators			
Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Decrease percent of students who have seriously considered suicide in the past year.	Oregon Healthy Teen Survey (County Data Table 20), Oregon Student Health Survey (County Data Table 60), SEARCH Institute survey (YouthThink)	<p>Percent of students who said they “seriously considered” suicide (Oregon Healthy Teen Survey, 2019):</p> <ul style="list-style-type: none"> ▪ Hood River: <ul style="list-style-type: none"> ○ 10.5% of 8th graders ○ 13.4% of 11th graders ▪ Wasco County & Sherman County: <ul style="list-style-type: none"> ○ 15.8% of 8th graders ○ 16.3% of 11th graders <p><i>Note: The Oregon Healthy Teen Survey was administered by local public health agencies, which is why Wasco County and Sherman County students are combined. Gilliam county declined to participate.</i></p> <p><i>In 2020, the Oregon Healthy Teen Survey was combined with the Student Wellness Survey and replaced by the Student Health Survey. While the data is not directly comparable due to recruitment, learning environment, and methodology, we wished to include this here as a general guideline for youth mental health safety.</i></p>	<p>Percent of students who said they “seriously considered” suicide (2022):</p> <ul style="list-style-type: none"> ▪ Hood River County (Student Health Survey): <ul style="list-style-type: none"> ○ 13% of 8th graders ○ 7.7% of 11th graders ▪ Wasco County - District 21/Dufur School (SEARCH Institute): <ul style="list-style-type: none"> ○ 9% of 8th graders ○ N/A of 11th graders <p><i>Note: Wasco County declined to participate in the 2022 Student Health Survey. The same question was asked by YouthThink of School District 21 and Dufur School students in a similar survey recruitment style (census) as the Oregon Student Health Survey. The data is not directly comparable because of the population differences (South Wasco County schools and Sherman County schools were not surveyed) and respondent rate (not a high enough response rate from 11th graders). We wished to include this as a general guideline for youth mental health safety.</i></p>

6 Early Childhood Development and Child Care

Strategy Updates

People can access culturally and linguistically appropriate, high quality, affordable childcare when and where they need it.

- Mid-Columbia Children’s Council (MCCC) serves children and families in Skamania, Klickitat, Wasco, and Hood River Counties. They currently operate six preschool classrooms, seven infant-toddler classrooms, and four home-based programs for children 0-3 years old across the four counties.
- During the Pandemic, MCCC supplemented class time with ReadyRosie research-based parenting curriculum. The most accessed videos were on Language & Literacy and Health & Well-being.
- Oregon Child Development Coalition (OCDC) operates Migrant and Seasonal Head Start and Early Head Start programs in Hood River, Wasco, and Klickitat Counties.
- Sunshine Kids early learning classrooms support preschool children of all abilities, with two classrooms in The Dalles, one of which is a bilingual classroom for dual language development.

People can access and afford early childhood development supports and opportunities such as early intervention, home visiting, group socialization, preschool, and activities.

- OCDC provides a variety of opportunities to support preparing children and families for the transition to kindergarten and ongoing school readiness. This includes transition activities to visit the local schools, Kindergarten Teachers visits to OCDC, family nights, summer school with the public school, and classroom group and individual school readiness activities.
- Fourteen parents of children participating in an MCCC program participate in the Parent Policy Council. The council guides organizational decision-making “regarding activities that promote parent involvement in program operations, responsiveness to community needs, and program activities.”
- Wonderworks Children’s Museum in The Dalles, the only Children’s Museum in the region, recently received \$110,000 grant to upgrade their facilities to include sensory-friendly flooring and expand programming.

Early Childhood Development and Child Care Indicators			
Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Increase number of elementary school zones that offer options for high quality childcare programs that represent the demographics of the zone	Mid-Columbia Children’s Council (MCCC)	MCCC operates 21 preschool classrooms, 7 infant toddler classrooms and 6 home-based models (for 0–3-year-olds) in four counties: Skamania, Klickitat, Wasco, and Hood River. Their programs reach all elementary school zones in the four counties they serve (2022).	MCCC operates 16 preschool classrooms, 6 infant toddler classrooms and 4 home-based models (for 0–3-year-olds) in four counties: Skamania, Klickitat, Wasco, and Hood River. Their programs reach all elementary school zones in the four counties they serve (2023).

7 Sense of Community

Strategy Updates

People feel a sense of connection, security, belonging, and trust in their community.

- With support from Columbia Gorge Education Service District (CGESD), Dufur School District applied for a school-based health center planning grant and recently established a committee to begin the planning process and conduct a needs assessment. As of March 2023, a school-based health center is still in the planning stages. One Community Health’s La Clínica Mobile Medical Unit provides services at Dufur School as part of their regular mobile medical unit schedule.
- CGESD and North Central Education Service District are in discussion about partnering to provide school-based nursing services to schools in South Wasco and Sherman School Districts.
- See overlapping strategies detailed in Youth Safety

People receive social support from family, friends, and other community members.

- CultureSeed continues to offer internships to Portland State University clinical social work students. In the next year, CultureSeed will have an intern from the Master of Social Work program who will take over LGBTQIA+ outreach and the organization's work with NORCOR.
- CGESD holds quarterly advisory council meetings for community partners in the region. A large focus of their recent meetings has been on addressing mental health stigma and identifying ways to provide continued mental health support for people in the region.
- Supported by funding from an Oregon Health Authority (OHA) grant, CGESD has partnered with Bridges to Health to hire a Community Health Worker who will work alongside school-based nurses in Wasco County to provide physical, mental, and social supports to students.
- Circles of Care is a new initiative by Age+ to connect older adults with volunteers to assist with everyday tasks, as well as providing opportunities for older adults to give back to their communities. Volunteer circles are being run in the city of Hood River and The Dalles.

People feel a sense of community through access to parks, nature, and recreation.

- Transportation remains one of the largest barriers for youth in the Gorge. In Spring 2023, CultureSeed is raising funds for a van that will help more youth participate in its programming. The van transports youth to and from White Salmon Youth Center which is centrally located in Klickitat County. Since 2021, CultureSeed has served over 60 Klickitat County youth through its outdoor mentorship program, outdoor education program, and behavioral health services.
- In 2022, The Dalles bus service, The LINK, provided free rides for children along their fixed routes to The Dalles Community Pool. Students ride for free in town with a student ID in The Dalles, and Hood River County students receive free GORge passes.

People and groups get support in growing as leaders. They feel they have a voice and can contribute to their community.

- CultureSeed Junior Council members continue to advise organization strategy and plan and lead advocacy projects that address the intersections of social justice, health equity, and the outdoors. Youth on the council spearheaded the fundraising campaign for the new CultureSeed van.
- Two of CultureSeed's youth graduates are working in paid internships through CultureSeed's emergent outdoor economy program launched in 2023.
- The Gorge Wellness Alliance is pursuing a grant to encourage and promote youth voices to lead suicide prevention efforts.
- South Wasco Alliance was awarded \$60,000 to support efforts to perform a local community needs assessment of the frontier area's 2,700 year-round residents. The survey data will inform local leaders and their partner organizations of priority needs within the community to direct more attention to, as well as, to identify strengths of the community to utilize for future initiatives.

Sense of Community Indicators

We made updates to the indicators used to measure progress on the sense of community priority area.

- The Student Health Survey questions changed from 2020 to 2022. Some questions were removed and some questions were worded differently than in the original indicator, so baseline data is no longer

available. The specific changes and impacts are noted in the indicator table. The survey data was included to be consistent and true to the indicators chosen previously.

- CGHC added the Social and Economic Factors Ranking indicator from the Columbia Gorge Healthy Community website to the indicator table. The indicator comes from reliable data sources and includes many factors such as high school completion rates, unemployment, children in poverty, income inequality, social associations, single-parent households, and injury deaths. Progress made in individual data points that make up the Social and Emotional Factors ranking demonstrates progress in areas that correlate to an increased sense of connection and community support.

Sense of Community Indicators			
Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Decrease percent of 8 th and 11 th graders who are bullied going to or at school	<p>Oregon Healthy Teen Survey (2019) (County Reports Table 18, 19)</p> <p>Oregon Student Health Survey (SHS) (2020) (County Reports Table 54, 56)</p> <p><i>Note: Wasco County did not participate in the 2022 SHS, therefore Wasco County data are not available. Sherman County did participate in the 2022 SHS, but the <50 sample size was too small to report.</i></p>	<p>Percent 8th and 11th graders bullied in the past 30 days going to or at school (2019):</p> <ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 21.4% 8th graders ○ 13.0% 11th graders ▪ North Central Health District (Sherman and Wasco Counties): <ul style="list-style-type: none"> ○ 33.4% 8th graders ○ 21.6% 11th graders <p>Percent 8th and 11th graders who were bullied via social media, phones, or gaming:</p> <ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 14.9% 8th graders ○ 4.8% 11th graders ▪ North Central Health District (Sherman and Wasco Counties): <ul style="list-style-type: none"> ○ 12.1% 8th graders ○ 11.3% 11th graders <p><i>Note: County-level data was not available for Gilliam County.</i></p>	<p>Percent 8th and 11th graders bullied in the past 30 days AT SCHOOL (2022):</p> <ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 37.5% 8th graders ○ 12.6% 11th graders <p>Percent 8th and 11th graders bullied by another student using any kind of technology, such as texting, the internet or apps (messaging, social media, games, livestreaming, etc.) (2022):</p> <ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 18.7% 8th graders ○ 4.8% 11th graders <p><i>Note: The question “During the past 30 days, have you ever been bullied AT SCHOOL (including any school events)? This includes in-person bullying and bullying through technology such as texting, the Internet or apps (messaging, social media,</i></p>

Sense of Community Indicators

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
			<p><i>games, livestreaming, etc.).” was not directly asked on the 2022 8th and 11th grade SHS, making the data n/a for 8th and 11th graders. The question was asked, but respondents were free to select one or more real or perceived traits they were bullied about.</i></p>
<p>Decrease percent of 8th and 11th graders who report feeling unsafe at school</p> <p><i>Note: The question “During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?” was not included in the 2022 SHS survey. We have updated the indicator to reflect the nature of both year’s surveys about teens feeling unsafe at school.</i></p>	<p>Oregon Healthy Teen Survey (County Reports Table 18)</p> <p>Oregon Student Health Survey (SHS) (County Reports Table 52, 45)</p> <p><i>Note: Wasco County did not participate in the 2022 SHS, therefore Wasco County data are not available. Sherman County did participate in the 2022 SHS, but the <50 sample size was too small to report.</i></p>	<p>Percent 8th and 11th graders who did not go to school in the past 30 days because they felt they would be unsafe at school or on their way to or from school (2019):</p> <ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 6.0% 8th graders ○ 17.4% 11th graders ▪ North Central Health District (Sherman and Wasco Counties): <ul style="list-style-type: none"> ○ 6.6% 8th graders ○ 4.2% 11th graders <p><i>Note: County-level data was not available for Gilliam County.</i></p>	<p>Percent 8th and 11th graders who disagree or strongly disagree with the statement “I feel safe at my school” (2022):</p> <ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 18.5 8th graders ○ 23.1% 11th graders
<p>Increase the Social and Economic Factors ranking</p>	<p>County Health Rankings and Columbia Gorge Healthy Community dashboard.</p>	<p>County Social and Economic Factor ranking (2021):</p> <ul style="list-style-type: none"> ▪ Hood River County: 6 ▪ Wasco County: 17 <p><i>Note: A lower number indicates a better ranking compared to other Oregon counties.</i></p>	<p>County Social and Economic Factor ranking (2022):</p> <ul style="list-style-type: none"> ▪ Hood River County: 7 ▪ Wasco County: 15 <p><i>Note: A lower number indicates a better ranking compared to other Oregon counties.</i></p>

8 Collaboration and Information Sharing

Strategy Updates

People get the language appropriate information they need or want on paper, online, or video to be able to access the services they need.

- PacificSource’s Health Equity Plan emphasizes culturally and linguistically appropriate services (CLAS) Standards. There have been trainings to both the Board of the CCO and Community Advisory Council about CLAS Standards.
- Columbia Gorge CCO hosted a free interpreter training to increase the number of certified and trained interpreters in the Columbia Gorge.
- The Hood River Prevention Department launched an online version of a comprehensive Resource Directory for the Columbia River Gorge available to anyone. In the 2022 update, resources were marked as having Spanish-language materials or bilingual staff to assist Spanish-speaking clients. This is a static directory where people can search for various social, health, and other resources then reach out to the organizations listed that provide those services.

Organizations coordinate intake and exchange information for shared patients or clients.

- Both community information exchange (CIE) platforms – Activate Care and Connect Oregon – are currently present in the region. Seven contracted partners with Bridges to Health use Activate Care to document client services. Five community partners are currently using Activate Care to send referral to Bridges to Health and coordinate services for shared clients.

Referrals are coordinated and people get their needs met in a timely manner.

Social services and healthcare partners in the Gorge are currently exploring Connect Oregon to send closed loop referrals. Bridges to Health has been using Connect Oregon since March 2023 to send referrals to PacificSource for Flexible Health Services. Bridges to Health is currently exploring how the community could increase utilization of the platform to send and document closed loop referrals.

Collaboration and Information Sharing Indicators

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Increase number of organizations using an adopted referral system that links healthcare and social services agencies in the Gorge	Pacific Source and Columbia Gorge Health Council	Community Information Exchange (CIE) is expanding across the state with Connect Oregon, and slowly growing in the Columbia Gorge. Activate Care and Connect Oregon are currently present in the region. The Gorge has a regional goal of ensuring platforms used have as much interoperability as possible. Currently, PacificSource and CGHC are driving the process of interoperability between Activate Care and Unite Us. As of June 2021, 7 organizations were onboarded to Activate Care.	Connect Oregon is being used by Bridges to Health (B2H) to send referrals to PacificSource. Currently B2H is exploring how community partners could use Connect Oregon to send closed loop referrals. Seven contracted partners and five community partners use Activate Care to document client services and send referrals.
Decrease percent of unmet client needs across Behavioral Health, Housing, Childcare and Dental	Bridges to Health	<p>The highest percent of client needs unable to be met (incomplete percentages), according to Bridges to Health Program Data (June 2021) were:</p> <ul style="list-style-type: none"> ▪ Childcare (20%) ▪ Behavioral Health (16%) ▪ Dental (15%) ▪ Housing (12%) ▪ Medical (5.5%) 	<p>The highest percent of client needs unable to be met (incomplete percentages), according to Bridges to Health Program Data (January 2022 - May 2023) are:</p> <ul style="list-style-type: none"> ▪ Childcare (22.2%) ▪ Behavioral Health (33.5%) ▪ Housing (30.75%) ▪ Dental (25.8%) ▪ Medical (17.82%)
Increase number of Bridges to Health program clients successfully navigated to services with an emphasis on under resourced populations (older adults, tribal members, and migrant and seasonal farm workers)	Bridges to Health	During the last quarter in 2020 and the first quarter in 2021, clients of the Bridges to Health Program were navigated successfully to the following services in order of frequency: Food, Financial Assistance, Housing, Social Services, Utility Assistance, Transportation, Medical Visits, and COVID Immunizations. 733 needs were addressed successfully through service navigation.	<p>Through 2022 up to second quarter 2023, clients of the Bridges to Health Program were navigated successfully to the following services: Food, Financial Assistance, Housing, Social Services, Utility Assistance, Transportation, Medical Visits, and COVID Immunizations.</p> <p>860 needs were addressed successfully through service navigation.</p>

9 Primary Care

Strategy Updates

People get the primary care they need when they need it.

- Oregon Health Authority recently approved the application for Adventist Health Care systems to purchase Mid-Columbia Medical Center, contingent upon a continuation of services currently provided and a \$100 million dollar investment by Adventist over the next ten years.
- Sherman County school district has a new position filled in the district as of January 2023, a Whole Child School Nurse. Sherman County School District serves almost 300 Pre-Kindergarten – twelfth grade students across the rural county based in Moro, Oregon.
- Pandemic workforce shortages and burnout negatively affected many primary care providers. To alleviate some of the strain, Columbia Gorge Health Council released \$1.2 million in Shared Savings to assist clinics agreeing to use the funds to provide access to primary care services.

Primary care is equitable and inclusive, and offered in a respectful and trauma-informed manner.

- MCMC developed and continues to expand its Patient Navigation program. The program aims to better support patients in navigating the healthcare system, addressing social determinants of health, and accessing resources and supports within the community. The 15 providers in the program include community health workers, social workers, inpatient and outpatient nurses, and navigators.
- CGHC's Clinical Advisory Panel (CAP) along with One Community Health's (OCH) Salud program manager provided advocacy for the Health Evidence Review Commission's Evidence-Based Coverage Guidelines to cover Continuous Glucose Monitors for OHP patients with type II diabetes and are insulin-dependent. Comments will be reviewed in June to consider for prioritizing the monitors for OHP patients.

Health care is offered in diverse settings, supporting health and wellness at every stage of life.

- Columbia Gorge Postpartum Support (CGPS) began during the COVID-19 pandemic and offered postpartum doula services and lactation support to families in-home and online. Doula services discontinued in spring 2021 and lactation supports halted in spring 2022 due to lack of funding. In their year and half of operation, CGPS served 80 families and offered almost 160 home visits for lactation support. One Community Health (OCH) plans to pick up CGPS's programs in the future.
- The Clinical Advisory Panel's Older Adult Workgroup (a standing committee of the Columbia Gorge Health Council) launched a pilot program called Connected Care. Connected Care uses Community Health Workers to conduct home visits and bridge communication gaps between older, fragile adults and their healthcare providers. The pilot is being launched at OCH in The Dalles and Hood River, and in Fossil, OR at Asher Community Health. The Connected Care pilot is expected to expand to three more clinics by the end of 2023.
- OCH's Mobile Medical Clinic, La Clínica, provides medical and behavioral health care to people throughout the Gorge. The clinic has made 803 visits and stops at 6 weekly sites since its debut in April 2022. Through a partnership with Columbia Gorge Education Service District (CGESD), OCH is in the process of expanding its mobile medical clinic services to Dufur and The Dalles High Schools, which would expand youth access to physical and mental health services including well-child checks, immunizations,

and disease management. Services will be provided by licensed clinicians at OCH. In 2023, La Clínica will expand their reach across state lines into Washington State communities.

- Several housing units at new Annex transitional shelter will be set aside for clients who are also patients requiring medical respite care from Mid-Columbia Medical Center, Providence Hood River, and One Community Health.

Primary Care Indicators			
Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Decrease percent of patients whose most recent HbA1C level is greater than 9%	PacificSource Quality Incentive Measure (QIM) Performance Report	Gorge CCO rate of patients' whose most recent HbA1C level is greater than 9% (2020): 26.4% <i>Note: CCO performance is measured by data from One Community Health, Mid-Columbia Medical Center, Columbia Gorge Family Medicine and Providence. CCO targets were rebased in August 2021.</i>	Gorge CCO rate of patients' whose most recent HbA1C level is greater than 9% (2022): 21.1% (Target 27.5%) <i>Note: CCO performance is measured by data from One Community Health, Mid-Columbia Medical Center, Columbia Gorge Family Medicine and Providence. CCO targets were rebased in May 2022.</i>
Increase or consistent high level (95% or above) of Columbia Gorge CCO members assigned to a patient-centered primary care home (PCPCH)	PacificSource Gorge CCO	Percent members enrolled in the Columbia Gorge CCO who are assigned to a PCPCH (2021): 94%	Percentage members enrolled in the Columbia Gorge CCO who are assigned to a PCPCH (2023): 96.2%
Increase percent children (age 3-6 and Columbia Gorge CCO members) that receive an annual wellness visit with their Primary Care Provider	PacificSource	Percent children (age 3-6 and Columbia Gorge CCO members) that receive an annual wellness visit with their Primary Care Provider (2021): <ul style="list-style-type: none"> ▪ 904 children (71.1% of children enrolled in the CCO) 	Percent children (age 3-6 and Columbia Gorge CCO members) that receive an annual wellness visit with their Primary Care Provider (January-December 2022): <ul style="list-style-type: none"> ▪ 960 children (75.9% of children enrolled in the CCO)

10 Dental Care

Strategy Updates

People get the dental services they need when they need them.

- Children 1-5 and pregnant women are priority populations for dental care. Advantage Dental’s Member Outreach team calls 1) the caregivers of all patients ages 1-5, and 2) all pregnant women upon receiving a pregnancy indicator. Member Outreach representatives discuss the importance of oral health care and offer to connect members to their Primary Care Dentist for appointment scheduling, or to do a warm hand-off to a Community Care Expanded Practice Dental Hygienist (EPDH) for an assessment via tele dentistry.
- One Community Health (OCH) primary care providers provide oral health services – including conducting an oral health exam and applying topical fluoride varnish – at all well-child visits.

Dental care is equitable, affordable, and inclusive, and offered in a respectful and trauma-informed manner.

- Advantage Dental’s Community Care team continues to provide dental services in the community setting to promote health equity and reduce barriers to care. The Community Care team currently provides preventive services and toothbrush kits to pregnant women in Hood River and Wasco Counties via WIC programs, and to 1–5-year-olds in Hood River and Wasco Counties via Head Start and OCDC programs. The team also provides First Tooth training to primary care offices in the Columbia Gorge region.
- OCH’s dental team coordinated a conference about techniques and treatments that are less invasive. OCH can now provide Silver Diamine Fluoride (SDF) treatment to fill cavities that might otherwise use needles or drills that can contribute to dental anxiety.
- The coalition has also provided toothbrush kits donated by Advantage and Oregon Dental Service (ODS) to PCP offices. Providers will distribute toothbrush kits to parents and children during primary care visits.

Dental Care Indicators			
Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Increase percent of Gorge CCO children ages 1-5 who received oral health services	Pacific Source Quality Incentive Measure (QIM) Performance Report	Gorge CCO rate of children receiving oral health services (February 2021): <ul style="list-style-type: none"> Age 1-5: 8.3% 	Gorge CCO rate of children receiving oral health services (April 2023): <ul style="list-style-type: none"> Age 1-5: 17.4% <ul style="list-style-type: none"> (2023 Target 41.1%) Age 6-14: 27.0% <ul style="list-style-type: none"> (2023 Target 54.8%)

11 Behavioral Health Care

Strategy Updates

People get the behavioral services and supports they need when they need them including mental health, substance abuse, crisis intervention, inpatient treatment, and outpatient treatment services.

- The Next Door, Inc. (TNDI) continues to partner with The Dalles High School to operate Kelly Avenue School, a therapeutic school that provides mental health and counseling services and psychological and behavioral skill development to youth who are referred from the high school. The high school may place up to 15 youth in the therapeutic school. TNDI is currently regularly providing mental health therapy services to five Kelly Avenue School attendees.
- TNDI continues to provide mental health and substance use treatment services to young people and mothers in schools and throughout the community. Many clients are also served by other programs at TNDI, including the Healthy Families Program, Gorge Youth Mentoring, and alternative high schools.
- The PacificSource Behavioral Health Population Health (BPHH) team is adapting a substance use disorder (SUD) Referral Workflow (formerly SUD Toolkit) for PacificSource Community Solutions providers. The goal of the SUD Referral Workflow is to enhance and align internal and external SUD referrals, optimize care coordination, and support external CCO providers in seamlessly integrating the new American Society of Addiction Medicine, and other OHA, OAR, and Centers for Medicare & Medicaid Services related SUD and behavioral health requirements and changes for 2023. The project includes completion of the development and implementation of the SUD Referral Workflow tool and the corresponding external provider technical assistance support.
- Klickitat County Health Department received two years of funding from the Washington State Department of Children, Youth, and Families to develop a task force to support perinatal mental health community capacity building. The task force includes community partners from Klickitat, Skamania, Wasco, and Hood River counties and is working to raise awareness on perinatal mental health issues, develop community resources and supports for families, and strengthen supports for healthcare and social service providers. The taskforce has received another two years of funding, during which the focus will be to increase provider-level training and education and develop perinatal mental health supports for families.
- CGHC and PacificSource Community Solutions convened the Behavioral Health Advisory Committee starting on July 20, 2021. This committee is a collaborative of people representing the behavioral health community across the Gorge including representatives from behavioral health provider organizations, social service agencies, the CCO, and members with lived experience from the Community Advisory Council (CAC). The group is currently working on potential strategies to address workforce development issues to improve equitable access to behavioral health care services. Once these strategies are determined, the group will raise these to the Clinical Advisory Panel (CAP), the CGHC's governing board, and the state to request funding and resources to implement. One strategy is to attract new providers to the region through a \$5,000 relocation stipend that acknowledges the high cost of living in the Gorge in exchange for a two-year commitment to serve Oregon Health Plan members at least half-time. Five providers have been awarded funds and there is funding for five additional providers.

Behavioral health care is equitable and inclusive, and offered in a respectful and trauma-informed manner.

- The Columbia Gorge Perinatal Mental Health Initiative (CGPMHI) sponsored a training on respectful screening and referral for perinatal people. This training provided continuing education credits to providers who participated. CGPMHI is working to secure funding to support up to 10 people to participate in the Perinatal Mental Health Certification Program, an online certification offered by Postpartum Support International. The taskforce will place an additional focus on training Spanish-speaking providers who can serve Latino/a community members.
- As a certified community behavioral health clinic (CCBHC), Mid-Columbia Center for Living (MCCFL) continues efforts to integrate behavioral health with physical health care. This integrated approach includes efforts to engage and improve access for underserved groups including veteran, Hispanic/Latino/a, and Native American populations.
- CGHC is conducting a community visioning project funded through Providence to create a vision and implementation plan to improve access to culturally appropriate behavioral health services for the Latino/a community in the Gorge. The project focuses on expanding the traditional health worker workforce to provide additional behavioral health services. Traditional health workers have the potential to expand the bicultural/bilingual behavioral health workforce and address social determinants of health and equity (SDOH-E) factors that drive behavioral and mental health needs for underserved and marginalized populations. Currently, CGHC is applying for grant funding to expand the supervisory capacity of partner organizations who would be liable for training new behavioral health workers. Additionally, funding is being sought to support behavioral health and social work interns in a more equitable way by providing larger stipends for students during training.

Behavioral health care is offered in diverse settings which supports mental health and wellness at every stage of life.

- Columbia Gorge Perinatal Mental Health Initiative are conducting support groups across the region for post-partum people. Five support groups meet weekly across four counties, and one group is solely dedicated to Spanish-speaking attendees. One-on-one support is available in both English and Spanish via telehealth services.
- Many of the housing units at The Annex transitional housing shelter are set aside for clients who are also patients at Mid-Columbia Center for Living.

Behavioral Health Care Indicators			
Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Increase number of school district nurses and/or ratio of school district nurses to students	Columbia Gorge Education Service District	School RN counts and ratios (2018-19): <ul style="list-style-type: none"> North Wasco County School District: 2.8 FTE with 1:1,430 ratio Dufur School District: 0.3 FTE with 1:1,351 ratio South Wasco County School District: 0.05 FTE with 1:5,929 ratio 	<ul style="list-style-type: none"> Progress data on RN counts and ratios not available as of June 2023. <p><i>Note in Primary Care strategy updates that a school nurse position was added to Sherman County School District.</i></p>
Increase number of students seeking behavioral telehealth services	One Community Health	February 2022 – June 2022, three students have received behavioral telehealth services in Wasco and Hood River counties.	Since February 2022, nine students have received behavioral telehealth services in Wasco and Hood River counties.
Decrease emergency department admissions associated with opioid abuse in Hood River and Wasco Counties	PacificSource (Collective Medical), Mid-Columbia Medical Center, Providence	Number of people who used the Providence or Mid-Columbia Medical Center Emergency Department due to Opioid Abuse (2020): <ul style="list-style-type: none"> Hood River County: 158 residents Wasco County: 464 residents Sherman County: 24 residents 	Number of people who used the Providence or Mid-Columbia Medical Center Emergency Department due to Opioid Abuse (2022): <ul style="list-style-type: none"> Hood River County: 8 Wasco County: 12 Sherman County: 1 <p><i>Note: 2020 baseline data likely used all behavioral health-coded Emergency Department visits, not just those involving opioid abuse.</i></p>

12 Health Care Coverage

Strategy Updates

People have stable medical coverage they can afford and when they use it, it does not cause financial distress.

- Community Partner Outreach Program (CPOP) holds monthly collaboratives for Oregon Health Plan (OHP) Enrollment Assistants, key stakeholders, and community partners to share updates and emerging needs and resources related to health coverage.
- TNDI holds monthly calls for its Community Health Worker (CHW) Collaborative to connect and share resources. Each call hosts an average of 30 to 40 CHWs.
- OHA's Public Health Emergency Wind Down created a new temporary program to extend health coverage for people who would otherwise lose OHP coverage. OHA's Wind Down is one of the most generous in the nation, according to Kaiser Health News/Kaiser Family Foundation. CPOP coordinators presented on the redetermination period to Columbia Gorge CCO's Community Advisory Council, who are sharing more broadly with OHP members in the area what steps they need to take to continue to receive OHP coverage. PacificSource Community Solutions have developed targeted advertising to assist OHP clients through the redetermination period.
- The Bridges to Health Program CHWs are working towards also becoming certified OHP assistants. This positions Bridges to Health CHWs in a unique position to be able to sign up clients for Oregon Health Plan and help navigate the OHP redetermination process, as well as assisting with navigating health-related services.

Insurance covers the services people need, which include physical, dental, mental, and behavioral health.

- OCH's Mobile Medical Clinic, La Clínica, provides medical and behavioral health care to people throughout the Gorge. Services include insurance enrollment and financial aid application support. The clinic has had 803 visits in 2022. In 2023, La Clínica will be making stops in Washington State, as well as expanding services to schools in The Dalles and Dufur.
- Columbia Gorge Health Council's Behavioral Health Advisory Committee has implemented a grant program to help with moving assistance to attract more behavioral health providers to the region. As a stipulation of receiving the assistance, providers must commit to serving OHP members for at least two years in the region. Five providers have already received the assistance, and there is enough funding for five more providers.

Regardless of immigration status, create ways to ensure healthcare needs are met.

- The OHA has finalized rollout for the Healthier Oregon Program (HOP), which will provide full OHP coverage to eligible individuals ages 19-25 or 55+, regardless of immigration status. An advisory group of CPOP members, OHA staff, and community members guided the program design. CPOP will guide outreach and engagement efforts to provide linguistically appropriate, plain language materials notifying OHP members of the new program. Currently, HOP enrollment for the CCO includes 172 members in Hood River County and 152 members in Wasco County, a 62% increase in last year's eligibility estimates of 200 people.

- The Bridges to Health program assists all community members, regardless of immigration status, to connect and support them with applicable services.

Health Care Coverage Indicators			
Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Increase children living in Hood River and Wasco Counties who are enrolled in health insurance	American Community Survey (U.S. Census Bureau, Table ID: B27001)	<p>Hood River County (2019):</p> <ul style="list-style-type: none"> ▪ Percent children under 19 with health insurance coverage: 97% (n = 5807/6004) <p>Wasco County (2019):</p> <ul style="list-style-type: none"> ▪ Percent children under 19 with health insurance coverage: 94% (n = 5815/6163) 	<p>Hood River County (2021 estimate):</p> <ul style="list-style-type: none"> ▪ Percent children under 19 with health insurance coverage: 96.7% (n = 5868/6068) <p>Wasco County (2021 estimate):</p> <ul style="list-style-type: none"> ▪ Percent children under 19 with health insurance coverage: 90.7% (n = 5915/6524)
Increase number students being served by School Based Health Centers	One Community Health	791 students served by School Based Health Center at Hood River Valley High School (2020-21)	521 students served by School Based Health Center at Hood River Valley High School (2021-2022) <i>Note: final numbers of students served in the 2022-2023 school year are not available until June 30th, 2023. That data will be included in the 2024 annual progress report.</i>

13 Promotion and Prevention

Strategy Updates

The information people need to support healthy choices is available to all.

- Hood River County Prevention Department continues to host in-person and online parent workshops on topics that matter to parents. The workshops offer an opportunity to learn about resources available to parents and families and share ideas. Participants can attend the workshops in either English or Spanish language.
- YouthThink continues to host Toddlers2Teens (T2T) Boost Camps to support parents in better understanding and connecting with their children. In 2022, YouthThink hosted 15 T2T Boost Camps, with 66 participants representing parents or guardians of 171 children.

Information and education on wellness, health promotion, and disease prevention are available and offered in an equitable and trauma informed way.

- Wasco County and Hood River County Prevention are implementing Be-Strong Families Parent-Café trainings for parents and professionals who work with young people to promote stronger families, building connections, and increased resiliency. Four Rivers Early Learning Hub and Oregon Parenting Education Collaborative (OPEC) sponsored these trainings.
- CAP Connected Care is a pilot program developed by the Columbia Gorge Health Council’s Clinical Advisory Panel Older Adult Workgroup. This program utilizes the region’s resource of Community Health Workers to improve care for older adults in rural areas. CHWs are embedded in primary care clinics and provide information and education to patients and families, connect them to existing community resources, and relay important information back to the patient’s primary care provider team. A discussion around the Institute for Healthcare Improvements 4 M’s: Mentation, Medication, Mobility and What Matters provides a framework for directing care. The pilot is currently at One Community Health in Hood River and The Dalles, as well as at Asher Community Health Center in Fossil, Oregon. The pilot is expected to expand to three more clinics by the end of 2023.
- One Community Health Express Clinic will be offering screening and testing for chronic conditions, and urgent care for minor sicknesses and injuries for the community in The Dalles. The standalone clinic will celebrate its grand opening on June 20, 2023.

Prevention and control of current and emerging health care issues are addressed in the community.

- The Next Door, Inc., Columbia River Inter-Tribal Fish Commission, and One Community Health partnered to host COVID-19 vaccine clinics and conduct vaccine-related outreach to Native American communities in the Gorge. The Next Door, Inc. also put on several dual-vaccine clinics to include MPOX vaccine when it became available.

Promotion and Prevention Indicators

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Decrease number and/or percent death by suicide in Hood River and Wasco County	Oregon Vital Statistics Final Death Data, Oregon Vital Statistics Preliminary Death Data (Occurrence deaths)	2019 Suicide deaths by county (Final data): <ul style="list-style-type: none"> ▪ Hood River: 1 ▪ Wasco: 2 	2022 Suicide deaths by county (Preliminary data): <ul style="list-style-type: none"> ▪ Hood River: 3 ▪ Wasco: 6 2021 Suicide deaths by county (Final data): <ul style="list-style-type: none"> ▪ Hood River: 6 ▪ Wasco: 9 <i>Note: 2022 data is still under investigation and will not be finalized until 2024.</i>
Decrease percent of suicide attempts among 8 th and 11 th graders in Wasco, Sherman and Hood River County	Oregon Healthy Teen Survey (County Reports Table 20) Oregon Student Health Survey (SHS) (County Reports Table 61)	Percent 8th and 11th graders who attempted suicide one or more times (2019): <ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 5.7% 8th graders ○ 8.6% 11th graders ▪ North Central Health District (Sherman and Wasco Counties): <ul style="list-style-type: none"> ○ 8.4% 8th graders ○ 6.0% 11th graders 	Percent 8 th and 11 th graders who attempted suicide one or more times (2022): <ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 10.1% 8th graders ○ 0.6% 11th graders <i>Note: Wasco County declined to participate in the 2022 Student Health Survey. Sherman County did participate in the survey, but the small sample size means results were not published.</i>
Decrease number of overdose deaths	Oregon Vital Statistics Final Death Data (Occurrence deaths)	Unintentional & Undetermined Overdose Deaths (2019, 2020) <ul style="list-style-type: none"> ▪ Hood River: 2 (2019), 0 (2020) ▪ Wasco: 4 (2019), 5 (2020) 	Unintentional & Undetermined Overdose Deaths (Final data 2021): <ul style="list-style-type: none"> ▪ Hood River: 6 ▪ Wasco: 7 <i>Note: Preliminary death data by cause is not available for 2022. Manner of death for “unintentional injury” also includes non-overdose related injury such as motor vehicle accidents.</i>

APPENDICES

Appendix A: Table of Indicators by Priority Area

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Housing			
Increase number of homeless veterans placed in permanent housing in the Gorge	Point-in-Time Count; Mid-Columbia Community Action Council	24 homeless Veterans in the Columbia Gorge (2019)	Mid-Columbia Community Action Council (2022): <ul style="list-style-type: none"> ▪ Placed ten veterans into permanent housing units ▪ Served 39 veteran households through the Supportive Services for Veterans program
Decrease number of individuals experiencing houselessness	Point-in-Time Count Mid-Columbia Community Action Council	Number of people experiencing houselessness (January 2020): <ul style="list-style-type: none"> ▪ Hood River County: 56 ▪ Wasco County: 112 ▪ Sherman County: 11 	Number of people experiencing houselessness (January 2022): <ul style="list-style-type: none"> • Hood River County: 111 • Wasco County: 160 • Sherman County: 11 <p><i>Note: 2021 to 2022 Hood River County numbers likely increased due to additional staff capacity to participate in the count. Likewise, Wasco County numbers likely decreased due to lower partner organization staffing capacity and an increased investment into re-housing services.</i></p>
Decrease number of cost-burdened and rent-burdened households Note: Cost or rent-burdened = greater than 30 percent of gross household income is spent on monthly owner costs or gross rent	American Community Survey (U.S. Census Bureau, Table ID: DPO4)	Total cost-burdened households with a mortgage (2019): <ul style="list-style-type: none"> ▪ Hood River County: 27.8% (n = 888/3,196) ▪ Wasco County: 29.7% (n = 1,098/3,703) Total cost-burdened households without a mortgage (2019): <ul style="list-style-type: none"> ▪ Hood River County: 11.4% (n = 292/2,571) 	Total cost-burdened households with a mortgage (2021 estimates): <ul style="list-style-type: none"> ▪ Hood River County: 26.5% (n = 894/3,372) ▪ Wasco County: 30% (n = 1,220/4,055) Total cost-burdened households without a mortgage (2021 estimates): <ul style="list-style-type: none"> ▪ Hood River County: 12.5% (n=348/2,776)

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
		<ul style="list-style-type: none"> ▪ Wasco County: 12.3% (n =327/2,670) <p>Total rent-burdened households (2019):</p> <ul style="list-style-type: none"> ▪ Hood River County: 40.3% (n = 971/2,409) ▪ Wasco County: 36.4% (1,277/3,510) 	<ul style="list-style-type: none"> ▪ Wasco County: 13.4% (n=367/2,742) <p>Total rent-burdened households (2021 estimates):</p> <ul style="list-style-type: none"> ▪ Hood River County: 37.9% (n = 856/2,256) ▪ Wasco County: 39.3% (n =1,246/3,167)
Increase number of affordable rental housing opportunities available	Oregon Affordable Housing Inventory (Spreadsheet) (via Oregon Housing Data & Analysis)	Rent-restricted properties (2020): <ul style="list-style-type: none"> ▪ Hood River County: 412 rent-restricted units, 13 total projects ▪ Wasco County: 537 rent-restricted units, 17 total projects 	Rent-restricted properties (2022): <ul style="list-style-type: none"> ▪ Hood River County: 412 rent-restricted units, 13 total projects <ul style="list-style-type: none"> ○ Capital funding search in progress for 139 additional units ▪ Wasco County: 537 rent-restricted units, 17 total projects <ul style="list-style-type: none"> ○ Capital funding search in progress for 75 additional units <p><i>Note: Tenet-based assistance vouchers have increased by 30% in the region since 2019. This means that more use of the private rental market has been increasing the affordable housing market and decreasing the number of rent-burdened households. 2022's Fair Market Rent reevaluation study and incentives to increase landlord acceptance of Housing Choice Vouchers are also likely factors.</i></p>
Food			
Decrease rate of food insecurity	Feeding America: Map the Meal Gap	Food insecurity rate and number of food insecure people by county (2019): <ul style="list-style-type: none"> ▪ Hood River: 6.6% (n = 1,540) 	The most recent data release is based on data from 2021, during the COVID-19 pandemic. In 2023, Feeding America released final rates of food insecurity for 2021.

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
		<ul style="list-style-type: none"> Wasco: 11.8% (n = 3,080) Gilliam: 12.1% (n = 230) Sherman: 13.4% (n = 220) Wheeler: 13.6% (n = 190) 	Food insecurity rates by county (2021): <ul style="list-style-type: none"> Hood River: 5.6% Wasco: 9.6% Gilliam: 10% Sherman: 11.6% Wheeler: 10.9%
Transportation and Mobility			
Increase number of Gorge Passes provided to low-income people in the Gorge	Columbia Area Transit	Number of Gorge Passes distributed July 2021 – June 2022: 452	<ul style="list-style-type: none"> Number of Gorge Passes distributed in 2022: 467
Improved Access to Equitable Physical Activity and the Outdoors			
Decrease percent of 8 th and 11 th graders who are overweight or obese	Oregon Student Health Survey (SHS) (County Reports and Data Dashboard)	Percent 8th and 11th graders who are overweight (2020): <ul style="list-style-type: none"> Hood River County: 15.9% 8th graders, 14.1% 11th graders North Central Health District (Sherman and Wasco Counties): 15.5% 8th graders, 19.2% 11th graders Percent 8th and 11th graders who are obese (2020): <ul style="list-style-type: none"> Hood River County: 12.1% 8th graders, 8.2% 11th graders North Central Health District (Sherman and Wasco Counties): 21.0% 8th graders, 18.4% 11th graders 	Data not available, question was not asked on 2022 Oregon Student Health Survey. <i>Note: Wasco County declined to participate in the 2022 Student Health Survey, therefore no data is available. Sherman County did participate in the Student Health Survey, but the small sample size means data was not publicly published.</i>
Increase access to Exercise Opportunities	County Health Rankings and cghealthycommunity.org	Percent of individuals who live reasonably close to a park or recreational facility (2020): <ul style="list-style-type: none"> Hood River County: 80.2% Wasco County: 87.7% 	Percent of individuals who live reasonably close to a park or recreational facility (2023): <ul style="list-style-type: none"> Hood River County: 91.3% Wasco County: 70.7%
Youth Safety			

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Decrease percent youth who identify mental and behavioral health challenges as top concerns facing students in schools	<p>Baseline data: Youth & Parent Survey (Wasco County, December 2020)</p> <p>Progress data: YouthThink, Search Institute Developmental Relationships Survey</p>	<p>In the Youth & Parent Survey administered for the School Health Services Planning Grant in Wasco County (December 2020), youth identified the top three health concerns facing students in schools as: 1) Mental health: feeling sad, stressed, thinking about hurting yourself, 2) Alcohol or drug use, and 3) Smoking, vaping.</p>	<p>In 2022-23, YouthThink will begin administering the Search Institute Developmental Relationships Survey for 4th to 12th grade students and staff in Wasco County. The survey will provide ongoing data on youth and adults perceptions of student mental and behavioral health.</p> <p>Survey data from grades 4-8th grade were completed in 2022. The returned sample size for grades 9-12 were too small to be used in 2022. Surveys are being administered for grades 4-12 by June 1st for 2023 data.</p>
Decrease percent parents who are concerned about their child's mental health and behavioral health	<p>YouthThink, Hood River Prevention</p> <p>Baseline data: Youth & Parent Survey (Wasco County, December 2020) (Hood River, 2019)</p>	<p>Hood River County (2019): The number 1 concern parents had about their middle school students were social pressures faced by children.</p> <p>Wasco County: During the COVID-19 pandemic, the Youth & Parent Survey administered for the School Health Services Planning Grant in Wasco County (December 2020) asked parents questions on the impact of COVID-19 on their children. 58% of parents reported their child seems sad or lonely from being unable to see their friends or people they care about due to COVID-19.</p>	<p>Parent survey has not been conducted yet for the 2022-2023 school year.</p> <p>YouthThink is conducting a school staff survey.</p> <p>YouthThink also intends to do a community-wide survey for those in the YouthThink listserv in summer 2023.</p>
Decrease percent of students who have seriously considered	<p>Oregon Healthy Teen Survey (County Data Table 20), Oregon Student Health Survey (County</p>	<p>Percent of students who said they “seriously considered” suicide</p>	<p>Percent of students who said they “seriously considered” suicide (2022):</p>

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
suicide in the past year.	Data Table 60), SEARCH Institute survey (YouthThink)	<p>(Oregon Healthy Teen Survey, 2019):</p> <ul style="list-style-type: none"> ▪ Hood River: <ul style="list-style-type: none"> ○ 10.5% of 8th graders ○ 13.4% of 11th graders ▪ Wasco County & Sherman County: <ul style="list-style-type: none"> ○ 15.8% of 8th graders ○ 16.3% of 11th graders <p><i>Note: The Oregon Healthy Teen Survey was administered by local public health agencies, which is why Wasco County and Sherman County students are combined. Gilliam county declined to participate. In 2020, the Oregon Healthy Teen Survey was combined with the Student Wellness Survey and replaced by the Student Health Survey. While the data is not directly comparable due to recruitment, learning environment, and methodology, we wished to include this here as a general guideline for youth mental health safety.</i></p>	<ul style="list-style-type: none"> ▪ Hood River County (Student Health Survey): <ul style="list-style-type: none"> ○ 13% of 8th graders ○ 7.7% of 11th graders ▪ Wasco County - District 21/Dufur School (SEARCH Institute): <ul style="list-style-type: none"> ○ 9% of 8th graders ○ N/A of 11th graders <p><i>Note: Wasco County declined to participate in the 2022 Student Health Survey. The same question was asked by YouthThink of School District 21 and Dufur School students in a similar survey recruitment style (census) as the Oregon Student Health Survey. The data is not directly comparable because of the population differences (South Wasco County schools and Sherman County schools were not surveyed) and respondent rate (not a high enough response rate from 11th graders). We wished to include this as a general guideline for youth mental health safety.</i></p>
Early Childhood Development and Child Care			
Increase number of elementary school zones that offer options for high quality childcare programs that represent the demographics of the zone	Mid-Columbia Children’s Council (MCCC)	MCCC operates 21 preschool classrooms, 7 infant toddler classrooms and 6 home-based models (for 0–3-year-olds) in four counties: Skamania, Klickitat, Wasco, and Hood River. Their programs reach all elementary school zones in the four counties they serve (2022).	MCCC operates 16 preschool classrooms, 6 infant toddler classrooms and 4 home-based models (for 0–3-year-olds) in four counties: Skamania, Klickitat, Wasco, and Hood River. Their programs reach all elementary school zones in the four counties they serve (2023).
Sense of Community			
Decrease percent of 8 th and 11 th graders who are	Oregon Healthy Teen Survey (2019) (County Reports Table 18, 19)	Percent 8th and 11th graders bullied in the past	Percent 8 th and 11 th graders bullied in the past 30 days AT SCHOOL (2022):

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
<p>bullied going to or at school</p>	<p>Oregon Student Health Survey (SHS) (2020) (County Reports Table 53, 54)</p> <p><i>Note: Wasco County did not participate in the 2022 SHS, therefore Wasco County data are not available. Sherman County did participate in the 2022 SHS, but the <50 sample size was too small to report.</i></p>	<p>30 days going to or at school (2019):</p> <ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 21.4% 8th graders ○ 13.0% 11th graders ▪ North Central Health District (Sherman and Wasco Counties): <ul style="list-style-type: none"> ○ 33.4% 8th graders ○ 21.6% 11th graders <p>Percent 8th and 11th graders who were bullied via social media, phones, or gaming:</p> <ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 14.9% 8th graders ○ 4.8% 11th graders ▪ North Central Health District (Sherman and Wasco Counties): <ul style="list-style-type: none"> ○ 12.1% 8th graders ○ 11.3% 11th graders <p><i>Note: County-level data was not available for Gilliam County.</i></p>	<ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 37.5% 8th graders ○ 12.6% 11th graders <p>Percent 8th and 11th graders bullied by another student using any kind of technology, such as texting, the internet or apps (messaging, social media, games, livestreaming, etc.) (2022):</p> <ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 18.7% 8th graders ○ 4.8% 11th graders <p><i>Note: The question “During the past 30 days, have you ever been bullied AT SCHOOL (including any school events)? This includes in-person bullying and bullying through technology such as texting, the Internet or apps (messaging, social media, games, livestreaming, etc.).” was not directly asked on the 2022 8th and 11th grade SHS, making the data n/a for 8th and 11th graders. The question was asked, but respondents were free to select one or more real or perceived traits they were bullied about.</i></p>
<p>Decrease percent of 8th and 11th graders who miss school because they feel unsafe</p> <p><i>Note: The question “During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?” was not included in the 2022 SHS</i></p>	<p>Oregon Healthy Teen Survey (County Reports Table 18)</p> <p>Oregon Student Health Survey (SHS) (County Reports Table 52, 45)</p>	<p>Percent 8th and 11th graders who did not go to school in the past 30 days because they felt they would be unsafe at school or on their way to or from school (2019):</p> <ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 6.0% 8th graders ○ 17.4% 11th graders ▪ North Central Health District (Sherman and Wasco Counties): <ul style="list-style-type: none"> ○ 6.6% 8th graders ○ 4.2% 11th graders 	<p>Percent 8th and 11th graders who disagree or strongly disagree with the statement “I feel safe at my school” (2022):</p> <ul style="list-style-type: none"> ▪ Hood River County: <ul style="list-style-type: none"> ○ 18.5 8th graders ○ 23.1% 11th graders

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
survey. We have updated the indicator to reflect the nature of both year's surveys about teens feeling unsafe at school.	<i>Note: Wasco County did not participate in the 2022 SHS, therefore Wasco County data are not available. Sherman County did participate in the 2022 SHS, but the <50 sample size was too small to report.</i>	<i>Note: County-level data was not available for Gilliam County.</i>	
Increase the Social and Economic Factors ranking	County Health Rankings and Columbia Gorge Healthy Community dashboard .	County Social and Economic Factor ranking (2021): <ul style="list-style-type: none"> ▪ Hood River County: 6 ▪ Wasco County: 17 <i>Note: A lower number indicates a better ranking compared to other Oregon counties.</i>	County Social and Economic Factor ranking (2022): <ul style="list-style-type: none"> ▪ Hood River County: 7 ▪ Wasco County: 15 <i>Note: A lower number indicates a better ranking compared to other Oregon counties.</i>
Collaboration and Information Sharing			
Increase number organizations using an adopted referral system that links healthcare and social services agencies in the Gorge	Pacific Source and Columbia Gorge Health Council	Community Information Exchange (CIE) is expanding across the state with Connect Oregon, and slowly growing in the Columbia Gorge. Activate Care and Connect Oregon are currently present in the region. The Gorge has a regional goal of ensuring platforms used have as much interoperability as possible. Currently, PacificSource and CGHC are driving the process of interoperability between Activate Care and Unite Us. As of June 2021, 7 organizations were onboarded to Activate Care.	Connect Oregon is being used by Bridges to Health (B2H) to send referrals to PacificSource. Currently B2H is exploring how community partners could use Connect Oregon to send closed loop referrals. Seven contracted partners and five community partners use Activate Care to document client services and send referrals.
Decrease percent of unmet client needs across Behavioral Health, Housing, Childcare and Dental	Bridges to Health	The highest percent of client needs unable to be met (incomplete percentages), according to Bridges to Health Program Data (June 2021) were: <ul style="list-style-type: none"> ▪ Childcare (20%) ▪ Behavioral Health (16%) ▪ Dental (15%) ▪ Employment (15%) 	The highest percent of client needs unable to be met (incomplete percentages), according to Bridges to Health Program Data (January 2022 - May 2023) are: <ul style="list-style-type: none"> ▪ Childcare (22.2%) ▪ Behavioral Health (33.5%)

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
		<ul style="list-style-type: none"> ▪ Housing (12%) ▪ Medical (5.5%) 	<ul style="list-style-type: none"> ▪ Housing (30.75%) ▪ Dental (25.8%) ▪ Medical (17.82%)
Increase number of Bridges to Health program clients successfully navigated to services with an emphasis on under resourced populations (older adults, tribal members, and migrant and seasonal farm workers)	Bridges to Health	During the last quarter in 2020 and the first quarter in 2021, clients of the Bridges to Health Program were navigated successfully to the following services in order of frequency: Food, Financial Assistance, Housing, Social Services, Utility Assistance, Transportation, Medical Visits, and COVID Immunizations. 733 needs were addressed successfully through service navigation.	Through 2022 up to second quarter 2023, clients of the Bridges to Health Program were navigated successfully to the following services: Food, Financial Assistance, Housing, Social Services, Utility Assistance, Transportation, Medical Visits, and COVID Immunizations. 860 needs were addressed successfully through service navigation.
Primary Care			
Decrease percent of patients whose most recent HbA1C level is greater than 9%	Pacific Source Quality Incentive Measure (QIM) Performance Report	Gorge CCO rate of patients' whose most recent HbA1C level is greater than 9% (2020): 26.4% <i>Note: CCO performance is measured by data from One Community Health, Mid-Columbia Medical Center, Columbia Gorge Family Medicine and Providence. CCO targets were rebased in August 2021.</i>	Gorge CCO rate of patients' whose most recent HbA1C level is greater than 9% (2022): 21.1% (Target 27.5%) <i>Note: CCO performance is measured by data from One Community Health, Mid-Columbia Medical Center, Columbia Gorge Family Medicine and Providence. CCO targets were rebased in May 2022.</i>
Increase or consistent high level (95% or above) of Columbia Gorge CCO members assigned to a patient-centered primary care home (PCPCH)	PacificSource Gorge CCO	Percent members enrolled in the Columbia Gorge CCO who are assigned to a PCPCH (2021): 94%	Percentage members enrolled in the Columbia Gorge CCO who are assigned to a PCPCH (2023): 96.2%
Increase percent children (age 3-6	PacificSource	Percent children (age 3-6 and Columbia Gorge CCO	Percent children (age 3-6 and Columbia Gorge CCO

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
and Columbia Gorge CCO members) that receive an annual wellness visit with their Primary Care Provider		members) that receive an annual wellness visit with their Primary Care Provider (2021): <ul style="list-style-type: none"> 904 children (71.1% of children enrolled in the CCO) 	members) that receive an annual wellness visit with their Primary Care Provider (January-December 2022): <ul style="list-style-type: none"> 960 children (75.9% of children enrolled in the CCO)
Dental Care			
Increase percent of Gorge CCO children ages 1-5 who received oral health services	Pacific Source Quality Incentive Measure (QIM) Performance Report	Gorge CCO rate of children receiving oral health services (February 2021): <ul style="list-style-type: none"> Age 1-5: 8.3% 	Gorge CCO rate of children receiving oral health services (April 2023): <ul style="list-style-type: none"> Age 1-5: 17.4% <ul style="list-style-type: none"> (2023 Target 41.1%) Age 6-14: 27.0% <ul style="list-style-type: none"> (2023 Target 54.8%)
Behavioral Health Care			
Increase number of school district nurses and/or ratio of school district nurses to students	Columbia Gorge Education Service District	School RN counts and ratios (2018-19): <ul style="list-style-type: none"> North Wasco County School District: 2.8 FTE with 1:1,430 ratio Dufur School District: 0.3 FTE with 1:1,351 ratio South Wasco County School District: 0.05 FTE with 1:5,929 ratio 	<ul style="list-style-type: none"> Progress data on RN counts and ratios not available as of June 2023. <p><i>Note in Primary Care strategy updates that a school nurse position was added to Sherman County School District.</i></p>
Increase number of students seeking behavioral telehealth services	One Community Health	Not applicable – six Hood River and Wasco County schools started providing behavioral telehealth services in spring 2022.	Since February 2022, nine students have received behavioral telehealth services in Wasco and Hood River counties.
Decrease emergency department admissions associated with opioid abuse in Hood River and Wasco Counties	Pacific Source (Collective Medical), Mid-Columbia Medical Center, Providence	Number of people who used the Providence or Mid-Columbia Medical Center Emergency Department due to Opioid Abuse (2020): <ul style="list-style-type: none"> Hood River County: 158 residents Wasco County: 464 residents Sherman County: 24 residents 	Number of people who used the Providence or Mid-Columbia Medical Center Emergency Department due to Opioid Abuse (2022): <ul style="list-style-type: none"> Hood River County: 8 Wasco County: 12 Sherman County: 1 <p><i>Note: 2020 baseline data likely used all behavioral health-coded Emergency Department visits, not just those involving opioid abuse.</i></p>
Health Coverage			

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
Increase children living in Hood River and Wasco Counties who are enrolled in health insurance	American Community Survey (U.S. Census Bureau, Table ID: B27001)	Hood River County (2019): <ul style="list-style-type: none"> Percent children under 19 with health insurance coverage: 97% (n = 5807/6004) Wasco County (2019): <ul style="list-style-type: none"> Percent children under 19 with health insurance coverage: 94% (n = 5815/6163) 	Hood River County (2021 estimate): <ul style="list-style-type: none"> Percent children under 19 with health insurance coverage: 96.7% (n = 5868/6068) Wasco County (2021 estimate): <ul style="list-style-type: none"> Percent children under 19 with health insurance coverage: 90.7% (n = 5915/6524)
Increase number students being served by School Based Health Centers	One Community Health	791 students served by School Based Health Center at Hood River Valley High School (2020-21)	521 students served by School Based Health Center at Hood River Valley High School (2021-2022) <i>Note: final numbers of students served in the 2022-2023 school year are not available until June 30th 2023. That data will be included in the 2024 annual progress report.</i>
Promotion and Prevention			
Decrease number and/or percent death by suicide in Hood River and Wasco County	Oregon Violent Death Reporting System	Suicide Deaths for Youth Aged 10-24 by county (2019, 2020): <ul style="list-style-type: none"> Hood River: 0 (2019), 0 (2020) Wasco: 0 (2019), 1 (2020) Suicide Deaths for Adults 25 and older: <ul style="list-style-type: none"> Hood River: 1 (2019), 3 (2020) Wasco: 2 (2019), 9 (2020) 	2022 Suicide deaths by county (Preliminary data): <ul style="list-style-type: none"> Hood River: 3 Wasco: 6 2021 Suicide deaths by county (Final data): <ul style="list-style-type: none"> Hood River: 6 Wasco: 9
Decrease percent of suicide attempts among 8 th and 11 th graders in Wasco, Sherman and Hood River County	Oregon Healthy Teen Survey (County Reports Table 20) Oregon Student Health Survey (SHS) (County Reports Table 61)	Percent 8 th and 11 th graders who attempted suicide one or more times (2019): <ul style="list-style-type: none"> Hood River County: <ul style="list-style-type: none"> 5.7% 8th graders 8.6% 11th graders 	Percent 8 th and 11 th graders who attempted suicide one or more times (2022): <ul style="list-style-type: none"> Hood River County: <ul style="list-style-type: none"> 5.0% 8th graders 5.0% 11th graders <i>Note: Wasco County declined to participate in the 2022 Student</i>

Indicator	Data Source	Baseline Data (Year)	Progress Data (Year)
		<ul style="list-style-type: none"> ▪ North Central Health District (Sherman and Wasco Counties): <ul style="list-style-type: none"> ○ 5.7% 8th graders ○ 10.2% 11th graders 	<p><i>Health Survey. Sherman County did participate in the survey, but the small sample size means results were not published.</i></p>
Decrease number of overdose deaths	State Unintentional Drug Overdose Reporting System (SUDORS); Electronic Surveillance System for the Early Notification of Community-Based Epidemics (ESSENCE)	Unintentional & Undetermined Overdose Deaths (2019, 2020) <ul style="list-style-type: none"> ▪ Hood River: 2 (2019), 0 (2020) ▪ Wasco: 3 (2019), 5 (2020) 	Unintentional & Undetermined Overdose Deaths (Final data 2021): <ul style="list-style-type: none"> ▪ Hood River: 6 ▪ Wasco: 7 ▪ Preliminary death data by cause is not available for 2022. Manner of death for “unintentional injury” also includes non-overdose related injury like motor vehicle accidents.

Appendix B: CHP Partners Who Contributed to the Progress Report

Amy Schlappi , <i>Executive Director</i> , Columbia Area Transit
Amy Solmonson , <i>Population Health Strategist</i> , PacificSource Community Solutions
Amy Sugg , <i>Director of Case Management</i> , Mid-Columbia Medical Center
Belinda Ballah , <i>Director</i> , Hood River County Prevention Department
Buffy Hurtado , <i>Tribal Liaison</i> , PacificSource Community Solutions
Christopher Van Tilburg, MD , <i>Medical Examiner</i> , Hood River, Wasco, Sherman, and Gilliam Counties
Debby Jones , <i>Wasco County Prevention Specialist</i> , YouthThink
Elke Geiger , <i>Columbia Gorge CCO Director</i> , PacificSource Community Solutions
Gaby Swisher , <i>Behavioral Health Strategist</i> , PacificSource Community Solutions
Jake Dilla , <i>Behavioral Health Program Manager</i> , PacificSource Community Solutions
Jenny Anglin , <i>Executive Director</i> , Columbia Gorge Health Council
Joel Madsen , <i>Executive Director</i> , Mid-Columbia Housing Authority & Columbia Cascade Housing Corporation
Karen Long , <i>Community Services and Special Programs Manager</i> , Mid-Columbia Housing Authority
Kathleen Willis , <i>Executive Director</i> , South Wasco Alliance
Kathy Fitzpatrick , <i>Mobility Manager</i> , Mid-Columbia Economic Development District
Kathy Smith , <i>Office Manager</i> , Hood River County Prevention Department
Katy Williams , <i>Program Manager</i> , Columbia Gorge Health Council
Kelli Horvath , <i>Director of the Office of Housing Stabilization</i> , Mid-Columbia Community Action Council
Kristen Nicolescu , <i>School-Based Health Center Clinic Manager</i> , One Community Health
Kristin Pineda , <i>Research Analyst</i> , Oregon Housing & Community Services
Lauren Kraemer , <i>Associate Professor, Family and Community Health</i> , OSU Extension Service
Lexi Stickel , <i>Senior Community Health Coordinator</i> , PacificSource Community Solutions
Megan Bolton , <i>Assistant Director of Research</i> , Oregon Housing & Community Services
Pat Sublette , <i>Superintendent</i> , Columbia Gorge Education Service District
Ryan Daven , <i>Medicaid Behavioral Health Population Health Manager</i> , PacificSource Community Solutions
Sara Crook , <i>Mobility and Travel Training Program Manager</i> , Mid-Columbia Economic Development District
Sarah Sullivan , <i>Executive Director</i> , Gorge Grown Food Network
Sharon Thornberry , <i>Manager</i> , Columbia Gorge Food Bank
Yesenia Castro , <i>Co-Executive Director</i> , CultureSeed

Appendix C: Documents Reviewed for the Progress Report

\$3.1M grant funds year-round pallet homes in The Dalles
Be Strong Families
Columbia Gorge Food Bank Celebrates the Completion of New Community Food Center
Columbia Gorge Resolution Center Awarded \$50,000 OHA Planning Grant
Crisis Resolution Center to come to The Dalles
CultureSeed Outdoor Mentorship Program
Fair Market Rents for the Housing Choice Voucher Program, Moderate Rehabilitation Single Room Occupancy Program, and Other Programs Fiscal Year 2023; Revised
Google awards CGFB \$100,000 Community Food Systems Grants
Gorge Translink Gorge Regional Transit Strategy
Healthier Oregon Program
Healthier Together Oregon, 2020-2024 State Health Improvement Plan
Hood River County Prevention Department Parent Workshops
Hood River Library of Things
Hood River Safe Routes to School Plan
Hood River Shelter Services Gets a New Location
How the Gorge Community is Coming Together to Distribute the COVID Vaccine
La Clínica Mobile, One Community Health
Map the Meal Gap, Feeding America
MCCAC Acquires the Oregon Motor Motel for \$3.25 Million
MCCAC breaks ground on 'The Gloria Center'
Medicaid Enrollment and Unwinding Tracker
Mid-Columbia Community Action Council 2022 Annual Report
Mid-Columbia Community Action Council Project Turnkey Navigation Center Annex
Mid-Columbia Community Action Council Navigation Center Fact Sheet
Mid-Columbia Children's Council Parent Policy Council
Mid-Columbia Economic Development District 2022-2027 Comprehensive Economic Development Strategy
Northern Wasco County Parks and Recreation District April 2023 Board Meeting Minutes
Northern Wasco County Parks & Rec awarded \$2.6M for Mill Creek Greenway construction
One Community Health 2022 Annual Report
One Community Health Celebrates New Express Clinic in The Dalles
Opening Doors to End Hunger: Columbia Gorge Food Bank Hosts Grand Opening
SafeSpace Child Advocacy Center Breaks Ground on New Permanent Facility
State Approves Mid-Columbia Medical Center Joining Adventist Health
Oregon Housing Data & Analysis
Oregon Preschool Promise
Oregon Healthy Teens Survey 2019 County Reports
Oregon Student Health Survey 2022 County Reports
Phase one of Sorosis Park Rehabilitation Project underway
Postpartum Support International: Certification in Perinatal Mental Health
Professional Learning to Support for LGBTQ2SIA+ Students
School-Based Health Centers Fact Sheet

School-Based Virtual Behavioral Health Services, One Community Health
School Nursing Services Come to Sherman County
Search Institute Developmental Relationships Survey
Shelter for Houseless More than Doubles in TD and HR
Sorosis Park Taken-Over By Beetle
StrongPeople Exercise Videos
Substance Use Disorder (SUD) Technical Assistance Toolkit Summary (provided by PacificSource)
Thanks to OHA Grant Columbia Gorge Resolution Center is Now Fully Funded
Teen Intervene
Tobacco Retail License Fact Sheet, Oregon Health Authority
YouthThink T2T Boost Camps